

# COMMUNITY HEALTH AND WELLNESS

Degree Type

**Associate Degree**

**Bachelor's Degree**

Also Offered Fully Online

**Associate  
Bachelor's**



The demand for community health professionals has soared in recent years. Reasons for this surge include widening community health concerns, such as natural disasters, potential terrorist attacks, COVID-19, tuberculosis, and other infectious diseases. Additionally, the increased prevalence of chronic diseases due to obesity and an aging population, along with the ongoing desire to address substance abuse and the diseases it causes, have all contributed to gaps in community workers. These fields require hands-on support from individuals who can recognize health problems and implement community programs.

Our community health program uses project-based learning in the classroom to allow students to actively participate in the learning process and apply their critical-thinking skills. The students are trained to promote lifestyle behavior changes that enhance overall health and reduce the burden of preventable, chronic, and infectious diseases in communities. The program aims to prepare high-quality professionals for employment in various settings such as communities, schools, healthcare organizations, colleges/universities, health insurance organizations, and businesses.

## DID YOU KNOW?

- + The Allied Health Club designs, implements and evaluates health education and promotion programs in response to the needs of the Monroe University student population and the local community.
- + Monroe's School of Allied Health Professions provides hands-on learning for their internships.

## POPULAR CAREER PATHS

Some of the popular career choices for graduates of Monroe's Bachelor's in Community Health and Wellness degree program include:

- + Community Health Consultant
- + Health and Wellness Educator
- + Patient Advocate
- + Health Promotion Specialist
- + Chronic Disease Counselor
- + Community Health Education Coordinator

**I'M WHERE I AM  
IN MY CAREER BECAUSE  
OF WHAT I LEARNED AT  
MONROE. DON'T  
HESITATE TO ASK  
QUESTIONS—  
EVERYONE IS HERE  
TO HELP YOU.**

**Gina Vessechia**

*Bachelor's in Public Health*

*Master's in Business Administration with Human Resources Concentration*

*Assistant Administrator, Albert Einstein College of Medicine*



## ASSOCIATE DEGREE

1ST YEAR			2ND YEAR
Semester 1	Semester 2	Semester 3	Semester 4
Intro to Comm. Health and Wellness	Intro to Psychology	Health and Aging	Psychology Across the Lifespan
Quantitative Reasoning	Intro to Human Services	Communication and Technology in Community Health	Community Health Practicum
Anatomy and Physiology	Analytical Thinking, Writing & Research	Statistical Applications	Open Elective
College Writing and Critical Analysis	Nutrition	Open Elective	Major Area Elective
Intro to Sociology	Fundamentals of Communication	Major Area Elective	Major Area Elective

## BACHELOR'S DEGREE

1ST YEAR			2ND YEAR			3RD YEAR	
Semester 1	Semester 2	Semester 3	Semester 4	Semester 5	Semester 6	Semester 7	Semester 8
Intro to Comm. Health and Wellness	Analytical Thinking, Writing & Research	Comm. and Tech. in Community Health	Advanced Writing for Social Sciences	Health Education and Promotion	Management in Healthcare I	CH Program Planning and Evaluation	Community Health Capstone
College Writing and Critical Analysis	Electronic Spreadsheet Applications	Health and Aging	Introduction to Sociology	Health and Social Policy	Research Meth. in Health Care	Field Experience in Comm. Health	Liberal Arts Elective
Anatomy and Physiology	Introduction to Human Services	Professional Writing and Presentation	Psychology Across the Lifespan	Cultural Competency in Health Care	Introduction to Counseling Theory	Group Dynamics	Liberal Arts Elective
Introduction to Psychology	Fundamentals of Communication	Science of Addiction: Drug Use and Abuse	Major Area Elective	Major Area Elective	Liberal Arts Elective	Liberal Arts Elective	Liberal Arts Elective
Quantitative Reasoning	Introduction to Nutrition and Wellness	Statistical Applications	Major Area Elective	Open Elective	Open Elective	Major Area Elective	Open Elective

Monroe University also offers a Master of Public Health.